

SMELLING SALTS & MEDICATION



PURPOSE

The purpose of this policy is to protect the health, safety, and well-being of all participants within RMHA by prohibiting the use or possession of smelling salts (ammonia inhalants) at all association-sanctioned events.

SCOPE

This policy shall apply to all players, coaches, officials, team staff, volunteers and spectators. It shall govern participation in and attendance at all RMHA-sanctioned activities including practices, games, tournaments, conditioning clinics, evaluations, team events and travel.

POLICY STATEMENT

1. The use, possession, or distribution of smelling salts (ammonia inhalants) is strictly prohibited at all RMHA sanctioned events and facilities.
2. Any player, coach, official, or team staff found to be in possession of or using smelling salts will be subject to immediate disciplinary action.
3. Parents/Guardians are expected to support this policy and ensure that their player does not bring or use smelling salts.
4. Enforcement of this policy is mandatory and all reports of violations will be investigated by RMHA Discipline Committee or designated authority.

RATIONALE

Smelling salts pose unnecessary health risks, including respiratory irritation, dizziness, and potential long-term harm. The use of smelling salts is inconsistent with the principles of safe sport and the values of RMHA.

This policy ensures that all players compete and train in an environment that prioritizes their safety and development.

ZERO TOLERANCE

RMHA enforces a zero tolerance policy regarding smelling salts. Violations will not be overlooked and will result in immediate action.

This policy is effective immediately and remains in force until amended or repealed by the RMHA Board of Directors.

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ADMINISTRATION OF MEDICATION

PURPOSE

To ensure the health and safety of all players by clearly defining the responsibilities and limitations regarding the administration of medication during RMHA sanctioned activities.

POLICY STATEMENT

1. Coaches, safety personnel, team officials, and volunteers are not permitted to administer prescription or over-the-counter medication to players under any circumstances.
2. The responsibility for providing, storing, and administering medication rests solely with the player's parent/guardian.
3. Parents/Guardians must ensure that their child's required medication (e.g., inhaler, epinephrine auto-injector) is accessible to the player at all times.
4. In the event of a medical emergency:

Coaches or safety personnel may assist the player in self-administering medication if the player is unable to do so independently.

Emergency Services (911) will be contacted immediately if the situation warrants.
5. Team officials must record any incident involving the use of emergency medication (e.g., inhaler, epinephrine auto-injector) and report it to the association's Safety Coordinator within 24 hours.

RATIONALE

Coaches and safety personnel are not trained medical professionals, and the administration of medication poses risks and liability.

This policy ensures that players who require medication are supported while maintaining safe boundaries for team staff and volunteers.